

Title: Human Emissions Drive the Pacific Decadal Oscillation

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Abstract: The Pacific Decadal Oscillation (PDO) – a major mode of climate variability driving changes over the North Pacific Ocean and surrounding continents – is currently thought to be generated by naturally-occurring processes in the climate system. Using an exceptionally large ensemble of climate model simulations, we show that recent shifts in the PDO index were driven by human emissions of aerosols and greenhouse gases. This anthropogenic influence had previously gone undetected because models underestimate air-sea interactions amplifying temperature variations in the North Pacific. By rescaling the simulations to mitigate this issue, we demonstrate that observed PDO impacts – including the current drought in the western United States – can be largely attributed to human activity via externally forced changes in the PDO.

One-Sentence Summary: Climatic variations in the North Pacific and on surrounding continents are now attributable to human activity.

Main Text:

30 The Pacific Decadal Oscillation (PDO) – the leading pattern of North Pacific sea-surface
temperature (SST) variability (1, 2) – is associated with persistent changes in global and regional
climate, including the rate of global warming (3), the ongoing drought in the western United
States (U.S.; 4), and the accelerated rates of sea level rise affecting vulnerable island states in the
western Pacific (5). This SST pattern fluctuates between its warm- and cold-states on
35 multidecadal timescales (6). The timing of these shifts is thought to be governed by natural
processes in the climate system, including random atmospheric circulation variability, local
ocean dynamics, and coupled tropical variability (6 - 8). By simulating these processes,
dynamical and statistical models can produce a PDO that has a realistic spatial pattern (5).
However, these models underestimate the strength of the PDO on multidecadal timescales (9).
40 Perhaps because of this missing low-frequency variability, models cannot predict the PDO and
its impacts on society far in advance (10, 11). This missing variability reflects a gap in our
understanding of the slow, potentially predictable, components of the PDO.

 Conventional models of the PDO do not consider external radiative forcing despite its
outsized influence on recent long-term climate changes, such as the observed global warming
45 trend, as well as regional patterns of multidecadal climate variability (8). For example, large
changes in the emissions of aerosols and greenhouse gases explain recent multidecadal variations
in North Atlantic and European climate (12 – 15). In contrast, no such influence has yet been
identified in the North Pacific (6, 8, 16, 17), despite large changes in external forcing over the
last several decades (18, 19). Studies indicating a possible role for external forcing in North
50 Pacific climate variability have been limited to either a single climate model (20 - 23) or
restricted to the most recent decades (24 - 26), thus failing to robustly establish an anthropogenic
influence on the PDO.

 Here we study anthropogenic influences on North Pacific climate variability using an
exceptionally large ensemble of climate model simulations. We construct the ensemble with 572
55 simulations from 12 different climate models across two generations of model development and
use this ensemble to isolate the forced variations in the PDO. This multimodel approach ensures
that results are applicable beyond the idiosyncrasies of a single model or the complexity of
representation of physical processes, particularly those involving aerosols (Table S1). Each
simulation in this ensemble is forced by a combination of all the major sources of changes in
60 external forcing, including greenhouse gas and aerosol emissions, volcanic eruptions, and solar
variability. We isolate individual sources of external forcing using 286 additional simulations,
each of which includes changes in only a single forcing agent separately: greenhouse gases,
industrial aerosols, or natural sources (volcanic eruptions and solar cycles). A minimum of 75 of
these “single-forcing” simulations were performed for each forcing agent using 5 distinct climate
65 models (Table S2). If the forced response in a particular ensemble of single-forcing simulations
can reproduce the timing and pattern of the observed PDO, we attribute PDO changes to that
forcing agent. The bulk of our analysis focuses on the 1950-2014 period common to all 827
simulations, although we consider the full length of simulations dating back to 1850 when

possible. We characterize climate variability in the North Pacific using the traditional PDO
70 index, defined as the first principal component of North Pacific annual average SST after
removing the global warming signal (2). Alternative definitions of the PDO index (see Methods)
yield similar results to those presented below, ensuring that our conclusions are not an artifact of
a known relationship between Pacific climate variability and global mean temperatures (Fig. S1;
27). To focus on multidecadal variability, we remove interannual variability associated with the
75 El Niño – Southern Oscillation. In observations, we remove these interannual fluctuations via
linear regression. In models, ensemble averaging removes interannual variability because the
occurrence of El Niño and La Niña events is uncorrelated amongst model runs. We then low-
pass filter both the observed and simulated PDO indices to isolate variability with periods longer
than 10 years (see Methods).

80 We find that changes in external forcing explain key multidecadal shifts in the observed
PDO index after 1950. Between 1950 and 2014, the externally forced PDO explains 53% of
observed multidecadal PDO index variance (r^2) and successfully reproduces key PDO transitions
in the 1970s and 1990s (Fig. 1a). This correlation is statistically significant at the 95% threshold,
accounting for the fewer available degrees of freedom after low-pass filtering (see Methods). The
85 robustness of this result is supported by further metrics allowed by the novel size and breadth of
this ensemble. First, the forced PDO index explains more variance in the observed PDO index
than 98% of the individual model runs (Fig. S2a). That is, in models, there is only a two percent
chance that natural variability alone is a better explanation of the multidecadal shifts in the PDO
than external forcing. Second, this correlation is found for nearly all models included in the
90 ensemble (Fig. S3) confirming it is not a random result arising from the reduced degrees of
freedom in the timeseries. Third, the forced PDO index matches the observed inflection point in
the mid-1990s from a positive to a negative trend within a few years, whereas natural variability
in climate models generates changes in the PDO index trend at random (Fig. S2b; Methods).
Last, we find that as changes in external forcing grow larger throughout the 20th century, external
95 forcing explains larger shares of PDO variance (Fig. S3). Together these results support our
finding that after 1950, external forcing explains most of the timing of multidecadal shifts in the
PDO.

100 The anthropogenic influence on the PDO is robust across models despite their diverse
representations of physical processes. Most of the single-model ensembles explain at least a
quarter of observed PDO variance after 1950, indicating that our results are not a quirk of the
design of an individual model (Fig. S3). That is, models produce similar results despite
fundamental differences in the way aerosols are emitted and distributed by their atmospheric
components. More thorough inter-model comparisons are difficult given that only two single-
model ensembles have the 100 simulations we find are required to isolate the forced PDO (Fig.
105 S4). However, we can group models by their common attributes and create large enough
ensembles to isolate the impact of these features on the forced PDO. We find that the
contribution of forcing to the PDO is reasonably robust to (1) model generation, (2) the
implementation of aerosol emissions, and (3) the complexity of cloud-aerosol interactions (Fig.
S4; Table S4). Together these sensitivity analyses show that the substantial role for external

110 forcing in the timing of the PDO index is not an artifact of a single model, numerical approach,
or physical process, such as the implementation of aerosol indirect effects.

115 In addition to explaining key observed shifts in the PDO, the forced PDO index is
associated with an SST pattern in models that bears striking resemblance to the observed PDO
pattern. During its positive phase, the observed and simulated SST patterns show similar cooler
than normal ocean temperatures over the western and central North Pacific, surrounded by a
horseshoe of warmer than normal surface waters along the North American coast (Fig. 1b and
1c). CMIP5 models are particularly skillful at reproducing this forced pattern (Fig. 1c),
generating a more realistic externally forced SST pattern than CMIP6 models (Fig. S5f). Like in
the real world, the positive phase of the forced PDO in models is associated with a deepening of
120 the Aleutian Low, the semi-permanent low-pressure system over the North Pacific during boreal
winter (Fig. 1c, contours). The forced PDO pattern is robust across individual model ensembles
and to their representation of complex physical processes (Fig. S5 and S6). The realism of the
forced SST pattern in models serves as further evidence that external forcing is a physical
contributor to the real world PDO.

125 Models show that the observed multidecadal shifts in the PDO index arise from the
interplay between industrial aerosols and greenhouse gasses. Between 1950 and the mid-1980s,
rapidly rising emission and concentrations of industrial aerosols (18) coincide with the long
positive trend in the PDO index that characterized this period (Fig. 1a). When forced with only
industrial aerosols, models faithfully reproduce this positive trend (Fig. 2a and 2d). In the late-
130 1980s, this positive trend reverses, as aerosol emissions declined (18) and greenhouse gas
warming became the dominant climate forcing (IPCC 2021; Fig 1a, 2a, and 2b). Models forced
with only industrial aerosols produce a flattening of the positive trend after the mid-1980s
following the decline in aerosol emissions (Fig. 2a). The observed downward trend in the PDO
after 1990 is better explained when models are forced with only greenhouse gases, which drive a
135 negative trend in the PDO (Fig. 2b and 2d). Therefore, declining industrial aerosol
concentrations together with rising greenhouse gas concentrations drove the mid-1980s inflection
in the PDO index. In contrast, natural forcings, i.e. from solar cycles and volcanic eruptions, only
explain a small part of the temporal evolution of the PDO (1% of the variance, Fig. 2c and 2d).

140 While we have shown that aerosol and greenhouse gas emissions drive multidecadal
variations in the PDO, the amplitude of the simulated response is much weaker than in
observations (Fig. 1a; Table S3). As a result, the much larger, naturally generated climate
variability or “noise” produced by models overwhelms the forced PDO signal in each individual
simulation of historical climate. Similarly, models underestimate forced variability relative to
naturally generated variability in the North Atlantic (14, 28). The resulting low signal-to-noise
145 ratio produces the puzzling result that a model’s forced response can better predict observed
variability than it can predict the variability in an individual simulation performed with that
model (29, 30). Our results reflect a similar “signal-to-noise paradox” (30), but for North Pacific
SSTs, demonstrating that this error broadly affects low-frequency climate variability throughout
the Northern Hemisphere, and potentially throughout the globe.

150 We infer the mechanisms by which external forcing excites the PDO by comparing the
spatial pattern of the forced response in models to the large-scale patterns of variability in
observations. Forced SST variations in the western North Pacific have the largest amplitude
relative to observations, particularly along the front in the Kuroshio-Oshashio Extension (KOE)
155 region off the coast of Japan (Fig. 3a). In this region, external forcing explains roughly half of
the observed SST variability amplitude (Fig. 3a) indicating that the signal-to-noise error is less
severe there. The SST response over the KOE is likely driven by some combination of (1)
advection of cooler or warmer continental air generated over Eurasia by aerosols or greenhouse
warming (31), (2) changing land-sea temperature contrast producing relative cooler or warmer
160 air that is also advected over the KOE region, or (3) the advection of pollution from aerosol
emitting regions in Asia. Because the forced response is much larger in this region than the rest
of the North Pacific, we hypothesize that aerosols and greenhouse gases influence the PDO by
affecting SSTs in the KOE, but a missing mechanism in models fails to convey the forced
response to the rest of the North Pacific.

165 The mechanisms communicating the forced response to the rest of the North Pacific
likely involve changes in the strength of the Aleutian Low – the semipermanent low-pressure
system controlling surface winds over the North Pacific. In models, the forced PDO index is
highly correlated with the forced variations in the strength of the Aleutian Low ($r^2 = 0.7$; Fig. 3b;
see Methods), consistent with a well-established simultaneous relationship between these
170 processes in observations. This high correlation can be created by multiple coupled processes. In
climate models without anthropogenic forcing, high correlations predominately emerge when
stochastic variations in the Aleutian Low drive contemporaneous changes in the PDO SST
pattern (6). In recent observations and, potentially in the forced response identified here, high
correlations could also be indicative of changes in the strength of the Aleutian Low driven by
175 SST variations in the KOE region (32 - 34). This response also involves an amplifying feedback
whereby thermal advection by wind-driven ocean currents reinforces SST variability over the
KOE region (35). The strength of this positive, coupled ocean-atmosphere feedback will depend
on the magnitude of the Aleutian Low response to KOE SSTs, which we quantify by regressing
forced sea-level pressure variations on forced SST variations in the KOE region (Fig. 3c and 3d).
180 We find that in models the strength of this feedback is much weaker (~ 1 hPa/degC; Fig. 3c) than
in observations (5 hPa/degC; Fig. 3d), indicating that forced SST variations in the KOE fail to
excite the Aleutian Low in models with the same vigor as the real world. The tepid variations in
the Aleutian Low then fail to convey the full forced signal to the rest of the basin, resulting in a
much weaker ratio of forced-to-observed variability in the eastern North Pacific (~ 0.1) relative to
the ratio over the KOE (~ 0.5 ; Fig. 3a).

185 One possible explanation for this muted Aleutian Low response in models could be
related to a misrepresentation of atmospheric processes in climate models. A previous study
showed that atmospheric models run at the conventional resolution of 1 degree fail to excite a
realistically strong atmospheric response to SST changes over the North Pacific (36). This study
also suggests that models would need to be run at a resolution of greater than $\frac{1}{4}$ degree to induce
190 a realistic atmospheric response to KOE SSTs, which currently incurs prohibitive computational

costs. This issue might be exacerbated by other model deficiencies related to their ability to resolve small scale processes in the ocean. For example, positive ocean feedbacks in the western North Pacific (35) tend to be underestimated in climate models without fully resolved western boundary current SST fronts (37) and can result in a weaker atmospheric response to externally forced SST variability. Further, models may also underestimate the direct influence of aerosol forcing on the Aleutian Low (38), but this would not explain the greenhouse forced period nor the spatial pattern of forced variability (Fig 3a).

The failure of climate models to simulate the full amplitude of the forced PDO has clouded our view of the recent history of global climate. In the early 2000s, a “hiatus” in global warming was largely attributed to a naturally generated PDO-like pattern of cooling in the Pacific Ocean (3, 39). However, we have shown that this pattern is a response to external forcing that is underestimated in climate models. We expect that mitigating signal-to-noise errors in climate models will amplify the forced PDO and therefore better explain global mean temperatures at the beginning of the 21st century. Further, by mitigating this error in models we may also rectify known biases in the simulation of externally forced trend in the tropical Pacific (40). Climate models simulate a forced El Niño-like trend in the tropical Pacific over the last few decades (41), which is at odds with the flat or La Niña-like trend in observations and theory (42, 43). A stronger tropical component of the forced PDO in models may help correct the east-west SST gradient by driving a cooling trend in the eastern tropical Pacific after about 1990, through for example the wind-evaporation-SST feedback (44, 45).

The idea that the ongoing meteorological drought in the western US is driven by natural, albeit unlucky combination of variations in the climate system, associated with the PDO (46, 47) also needs to be reevaluated in light of our findings that models may underestimate the forced response of the PDO. Western US drought was previously thought to be natural because: (1) the magnitude of the observed precipitation decline between 1982-2012 (16.5%) was much larger than could be generated by known external forcings (3.4%) and (2) drying trends as dramatic as observations only occur in 20% of simulations (Fig. 4b). However, we have shown that the PDO has a large, externally forced component that is underestimated by climate models. Artificially rescaling the forced PDO in models to be 53% of the total PDO (our estimate of the forced contribution to the observed PDO) produces precipitation deficits that are in good agreement with observations (-14.7%), and more commonplace, occurring in about half of the individual simulations (49%; Fig. 4b). This provides additional support for an anthropogenic driver of observed PDO variability and ongoing meteorological drought – due to a combination of aerosol and greenhouse gases.

Overall, we find that human activity is a key contributor to the PDO over the last seven decades. Aerosol emissions drove the positive trend in the PDO from the 1950s to 1980s. The abatement of industrial aerosols paired with exponentially rising greenhouse gas emissions are driving the ongoing negative trend in the PDO. This history of external forcing will thus explain PDO impacts over the past seven decades, including the ongoing drought in the western U.S. as shown here, as well as, for example, sea level trends over the North Pacific. The role of forcing

in the PDO was previously obscured by an unrealistically low signal-to-noise ratio in climate models, which we mitigate with an extraordinarily large ensemble of climate model simulations. We find that the small amplitude of the forced PDO is related to an under-simulated Aleutian Low response to external forcing. Resolving signal-to-noise errors in climate models will allow for more accurate predictions of global and regional climate by accounting for the expanded role of external forcing we identify here. Promising recent work shows that increasing model resolution may help mitigate the signal-to-noise paradox (48, 49) by improving the simulation of both oceanic (37, 50) and atmosphere-ocean feedbacks (36). As new solutions to improve climate models are implemented, large ensembles of current generation models still hold the power to reveal additional, critical risks of continued long term global warming over the United States. We expect that the drought in the western U.S. will continue, as it is unlikely that random atmospheric variability or an altered state of the PDO will bring more rainfall over the next decades.

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Data and materials availability: All model data is publicly available via the Earth System Grid Federation. All observational products are publicly available online via the institution cited herein.

Supplementary Materials

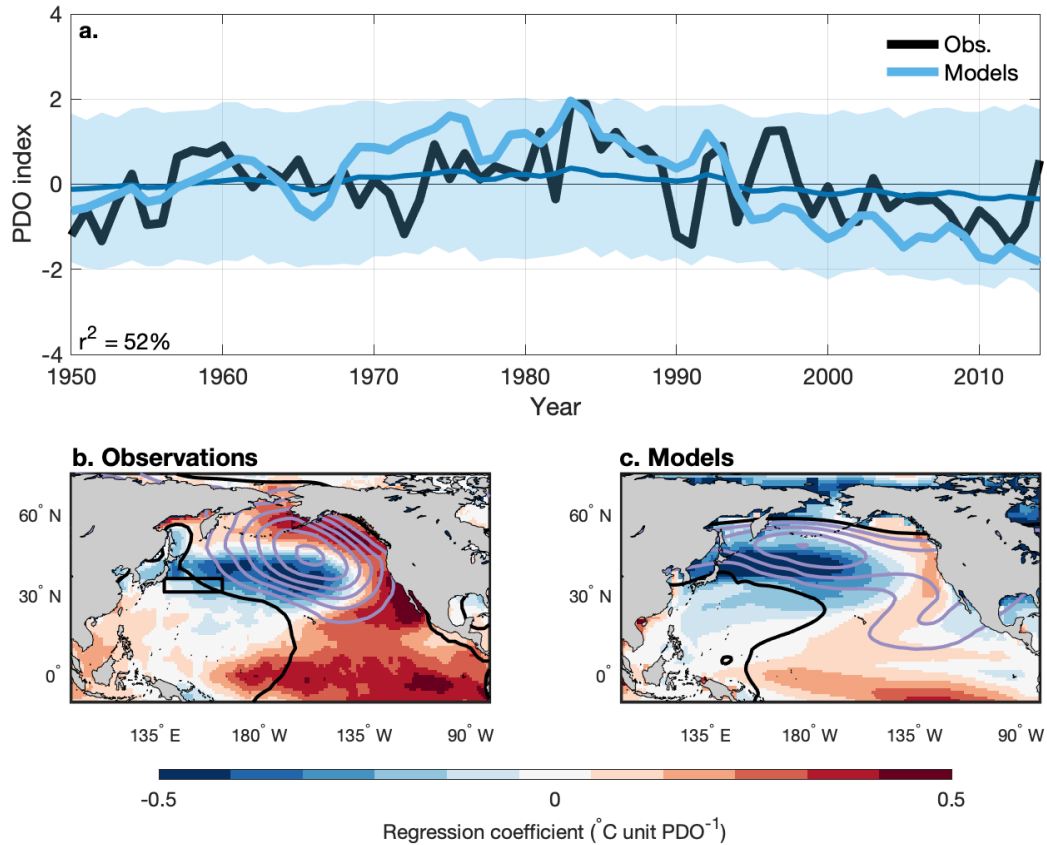
Materials and Methods

Figs. S1 to S6

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Tables S1 to S4

References (51 - 71)



525 **Fig. 1. External forcing explains the timing and pattern of the PDO index.** (a) The observed
PDO index (black) compared with the ensemble mean PDO index from the all-forcings
simulations (dark blue) and the normalized ensemble mean PDO index from the all-forcings
simulations (light blue). Note that normalization of the forced PDO scales its amplitude to be
530 equal to observations. The light blue shading encompasses 95% of the PDO indices from
individual simulations. (b) Regression of observed SST (colors) and sea-level pressure (contours;
hPa per unit of the normalized PDO index). We draw contours every -0.5 hPa in purple; the zero
contour is in black. The Kuroshio-Oyashio Extension region is outlined in solid black. (c) as in
(b), but the forced components of SST and sea-level pressure have been scaled to have the same
standard deviation as observations.

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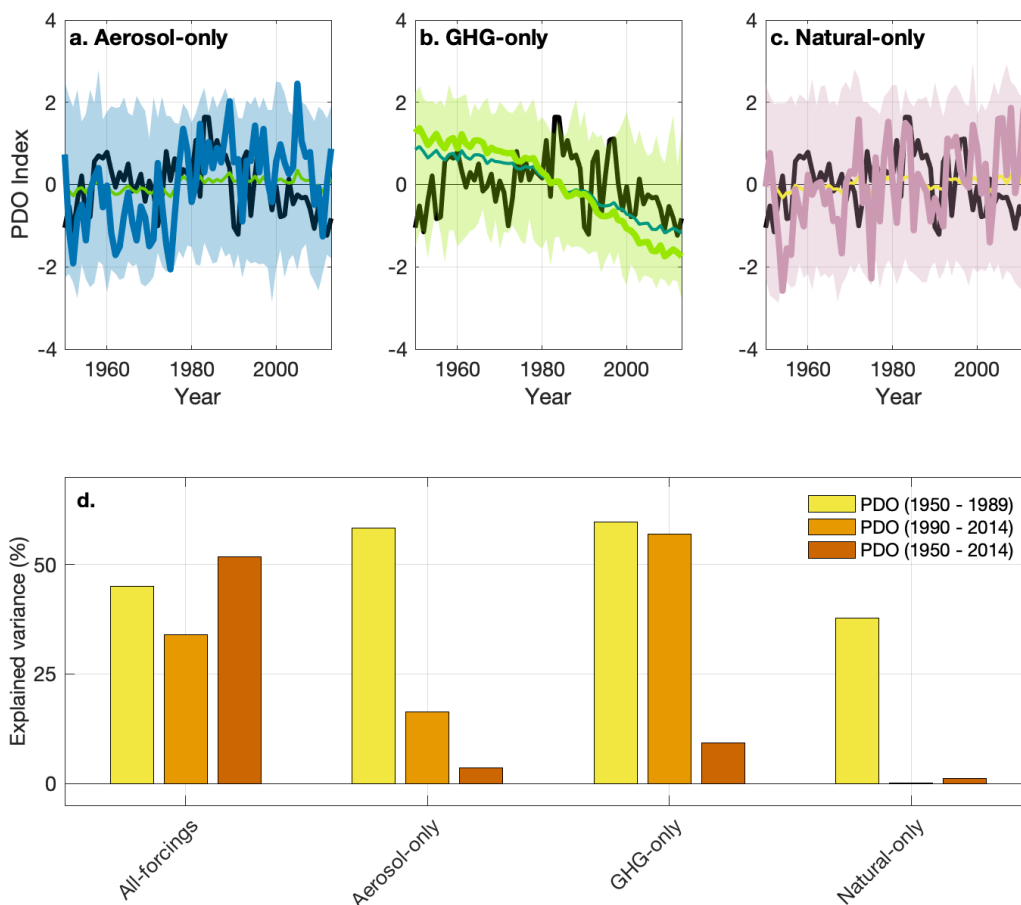


Fig. 2. The interplay of aerosols and greenhouse gases explain the timing of the PDO index.

540 As in (Fig. 1a) but for the ensemble mean of the aerosol-only simulations (a; dark blue),
greenhouse gas-only simulations (b; green), and the natural forcing-only simulations (c; purple).
The original amplitude PDO index from each single-forcing ensemble is shown in the thin off-
545 colored line. (d) The amount of observed PDO variance explained by the ensemble mean of each
of the four suites of simulations for 1950 – 1989, 1990 – 2014, and 1950 – 2014. Note that the
correlation between the forced PDO in the GHG-only ensemble and observations between 1950
– 1989 is negative.

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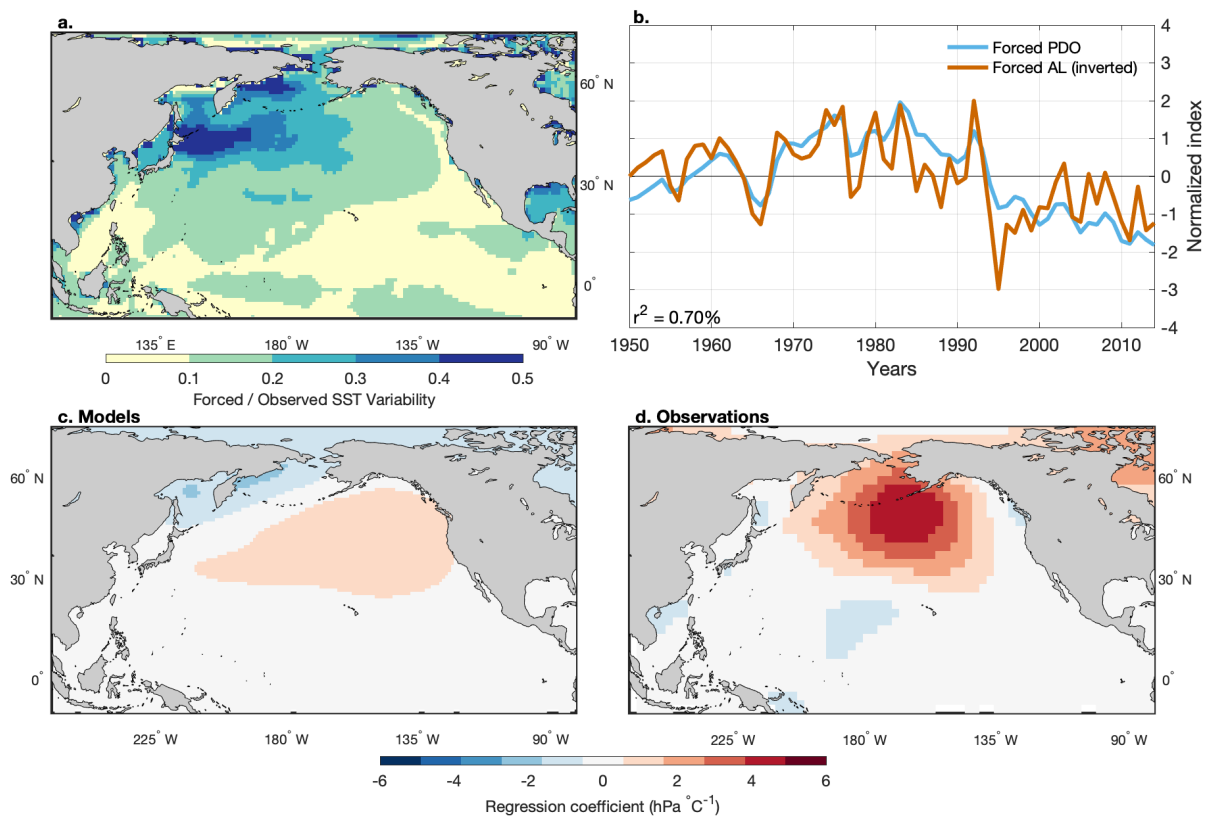
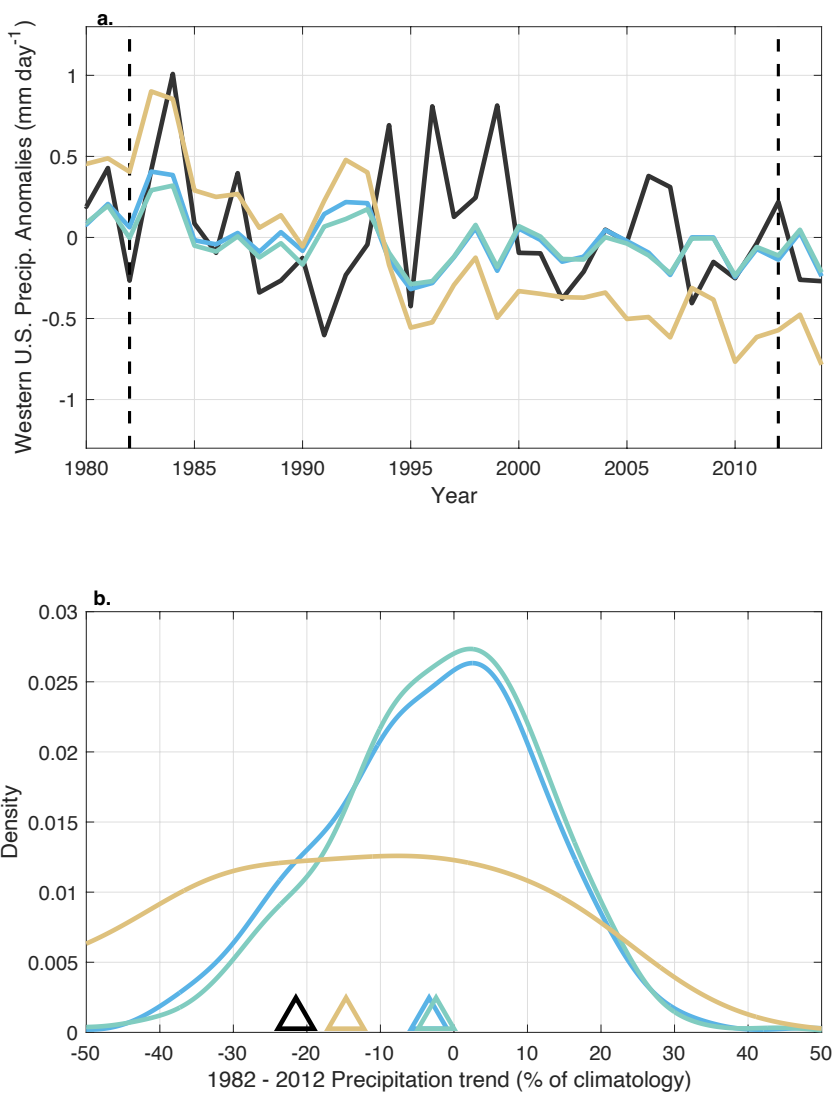


Fig. 3. The signal-to-noise paradox in the PDO is a result of weak Aleutian Low variability.

(a) The ratio of forced to total SST variability in models. (b) Timeseries of the forced PDO (from Fig. 1a) along with the strength of the forced Aleutian Low (also known as the North Pacific Index; see Methods) (c) The regression of forced sea-level pressure on an index of forced SST in the Kuroshio-Oyashio Extension region (marked on Fig. 1b) which indicated the strength of the atmospheric response to ocean temperature changes. (d) as in (c) but for observed sea-level pressure and SST.

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560



565 **Fig. 4. Long-term drought in the western U.S. is attributable to human emissions of**
aerosols and greenhouse gases via their influence on the PDO. (a) Timeseries of precipitation
in the Southwest U.S. in observations (black), the forced PDO from the all-forcings simulations
(blue), the forced PDO from the all-forcings simulations, where the naturally generated PDO in
each ensemble has been statistically damped (green), and the forced PDO from the all-forcings
570 simulations, where we substitute a higher amplitude forced PDO for a portion of the naturally
generated PDO (see methods). (b) The PDF of the trend in precipitation in the collection of
simulations from (a; lines) and their forced components (triangles).



Supplementary Materials for

Human Emissions Drive the Pacific Decadal Oscillation

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The PDF file includes:

Materials and Methods

Figs. S1 to S6

Tables S1 to S4

References

Materials and Methods

Models

We study an extremely large collection of climate model simulations from the last two generations of model development (Table S1). This collection is composed of simulations from 13 individual climate model. We choose models that have at least 20 publicly available simulations each. All simulations are forced with the best estimates of observed external forcing for the full length of each run. The climate trajectory in each simulation is composed of a unique sequence of naturally generated variability not necessarily correlated with the observed variability plus an externally forced response common to all simulations. The forced response includes both anthropogenic global warming and regional climate changes and is isolated by averaging changes in a given climate variable, such as SST, across many simulations (51). We consider the time period common to all members, 1950 - 2014. Note that for CMIP5 models, 2006 – 2014 is forced with scenario forcing, not observations. We also consider single-forcing runs from DAMIP (52). As mentioned above, each of these runs are forced with one time-varying source of external forcing (industrial aerosols, greenhouse gases, or natural sources).

Observations

We compare the simulations used in this study to the PDO index as calculated by the National Oceanic and Atmospheric Administration (NOAA) National Centers for Environmental Information, using NOAA's Extended Reconstructed Sea Surface Temperature version 5 (53). To check for robustness, recalculate the PDO index from the gridded Hadley Centre Sea Ice and Sea Surface Temperature (HadISST) dataset (54). This sea surface temperature dataset is also used for the observed temperature maps presented herein. To consider the pattern and strength of the atmospheric circulation over the North Pacific, we use NCEP/NCAR twentieth Century Reanalysis v2c (55). For estimates of Southwestern U.S. precipitation, we use a $1^\circ \times 1^\circ$ configuration of the Global Precipitation Climatology Project version 2018 (GPCP) gridded monthly precipitation product covering the years 1901–2016 (56).

Indices

In each individual simulation, we calculate the PDO index as the first EOF of North Pacific ($20^\circ - 80^\circ\text{N}$) sea surface temperatures, after subtracting the global mean temperature from each month, at each grid point (2). We choose this index because of its historical and ongoing value in forecasting climate impacts (8, 57). While different regional rates of anthropogenic warming can alias onto this definition of the PDO (27), an alternative definition of the PDO index that only excludes North Pacific spatial average SSTs yields qualitatively similar results for the metrics we put forward in the main text (Fig. S1). To calculate the forced component of the PDO index in models, we average each of these individual PDO indices together. The Kuroshio-Oyashio Extension index is calculated as the area-weighted average SST between $25^\circ - 35^\circ\text{N}$ and $150^\circ - 180^\circ\text{E}$ (7). The Gulf of Alaska index is the area-weighted SST between $45^\circ - 60^\circ\text{N}$ and 180°W and 150°E . The North Pacific Index, a measure of Aleutian Low strength is calculated as the area-weighted average sea-level pressure between $35^\circ - 65^\circ\text{N}$ and $160^\circ\text{E} - 140^\circ\text{W}$ (58). The southwestern US rainfall index is the area-weighted average total precipitation between $31^\circ - 42^\circ\text{N}$ and $125^\circ - 110^\circ\text{W}$, over land. The forced component any of these indices is calculated as the average across all simulations of the individual indices. The externally forced temperature, pressure, and precipitation fields are calculated as the average of the 4-dimensional fields in each individual simulation. All timeseries are low-pass filtered using a Lanczos filter with a 1/10 year half-power frequency, unless otherwise noted.

Statistical significance

Above, we provide several lines of evidence that there is a significant role for external forcing in the PDO index. We do so to (1) build confidence in our results and (2) to avoid lengthy discourse on the precise accounting for degrees of freedom that would be required for any statistical test. However, in the interest of completeness, we do offer a simple accounting. When comparing the observed and forced PDO timeseries, we have two 65 year-long timeseries ($N = 65$). We low-pass filter these timeseries, thereby reducing the available degrees of freedom. We estimate that there are six available effective degrees of freedom (DoF), following the equation:

$$DoF = \frac{N}{2} * \frac{cutoff}{Nyquist}$$

where the cutoff frequency is 1/10 years and the Nyquist frequency is $\frac{1}{2}$ years. The critical value for a two-tailed test on the Pearson correlation coefficient at the 95% significance level is 0.707. The correlation we estimate between the forced component of the PDO and observations is 0.72, thereby making it significant at the 95% level. There are other methods of calculating the number of effective degrees of freedom that can lead to other interpretations, which is why we rely on other information in this article to assert a role for external forcing.

Precipitation adjustment

We estimate the influence of a more strongly forced PDO in models by replacing part of the naturally-generated PDO with a more robustly forced PDO. In each simulation, we first linearly remove 53% of the total PDO signal from precipitation, at each grid point. We replace this primarily naturally generated signal with the forced PDO-precipitation relationship. That is, we create a counterfactual collection of simulations where the forced PDO has an amplitude that is 53% of observations.

Change point analysis

To evaluate how well the forced component of the PDO simulates observed transitions in the PDO, we use Change Point Analysis. We follow the algorithm in (59) as implemented in the Matlab programming language. In observations, this method identifies the highest probability change-point, or a likely change in trend, as occurring in 1998, during the most recent canonical shift in the PDO index. Similarly, this method identifies the highest probability change-point in the forced component of the model-simulated PDO as occurring in 1994. This is excellent correspondence, given the observed PDO has a naturally generated component. We then apply this method to the PDO index from each individual simulation in our collection and record the highest probability change-point. Finally, we construct 90% empirical confidence intervals by yet again applying the same methodology to 582 65-year white noise time series (to match the all-forcings collection), recording the highest probability change point, and calculating the 90% confidence interval of a given year producing a change-point. We plot this in Fig. S1b.

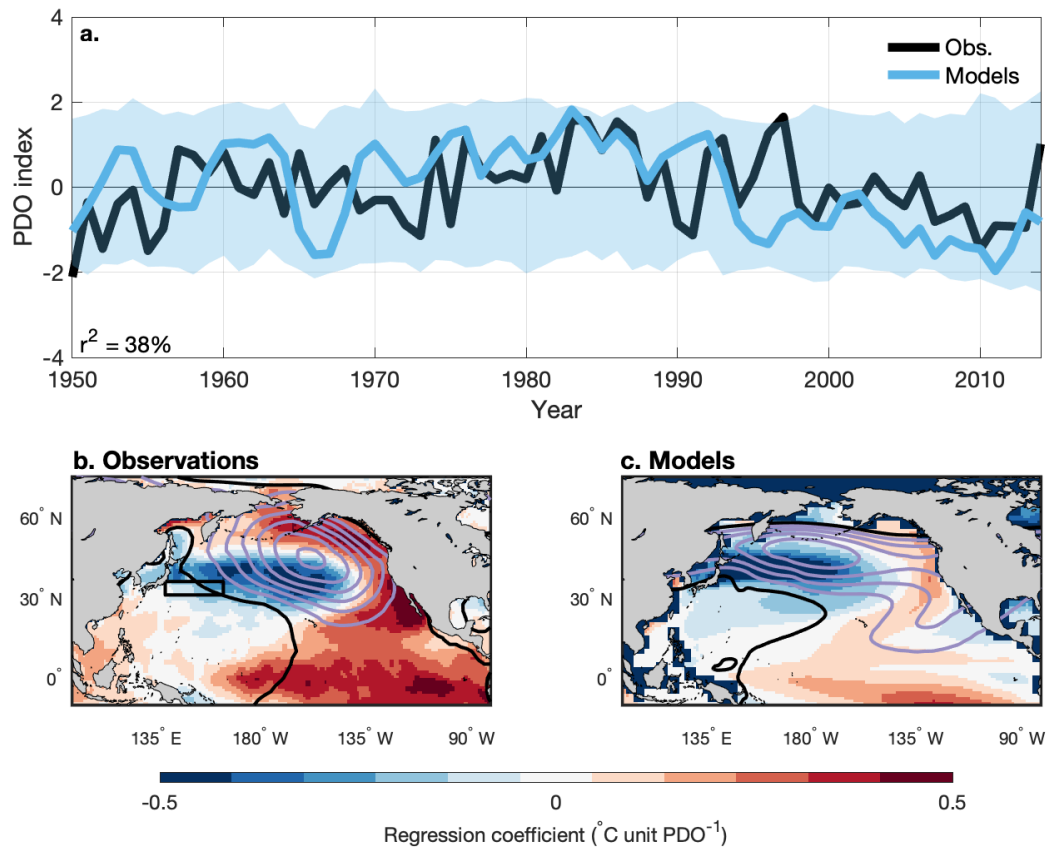


Fig. S1. Sensitivity of the role of forcing to the definition of the PDO index. The PDO index in all panels

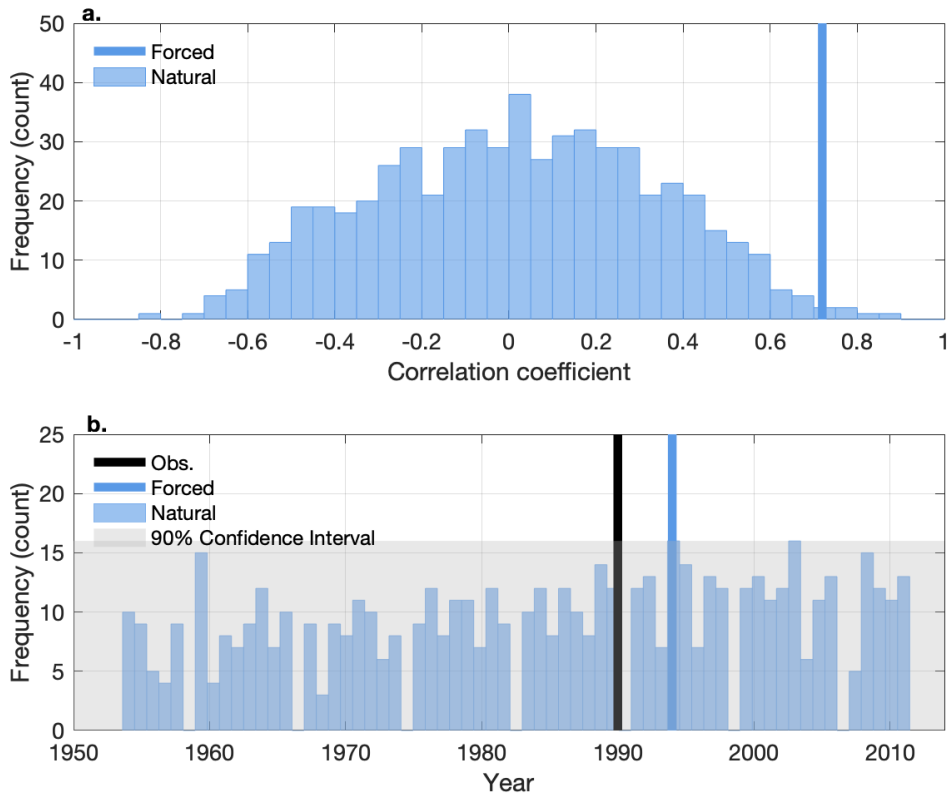


Fig. S2. Comparison of the forced PDO with the natural-only PDO. (a) A histogram of the correlation coefficient between the PDO index in individual simulations, where the forced PDO (from Fig. 1a) has been removed, and observations (bars) as well as the correlation coefficient between the forced PDO and observations (line). (b) Histogram of the estimates of the timing of the most likely change in trend (or “change-point”) in individual simulations where the forced PDO has been removed (bars), the most likely change-point in the forced PDO (blue vertical line), and the most likely change-point in observations (black vertical line).

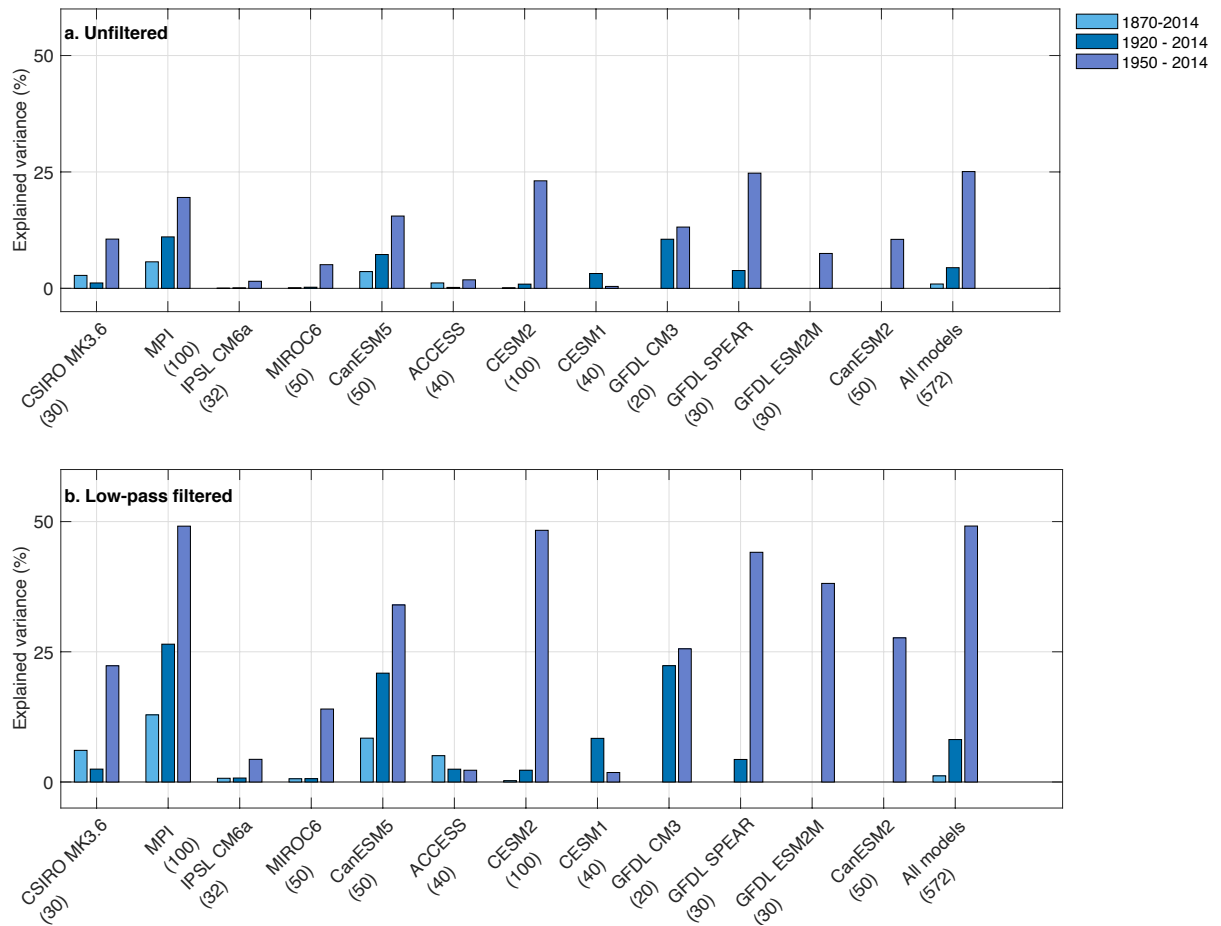


Fig. S3 The evolving role of external forcing in the PDO. External forcing explains more PDO variance after 1950 on both interannual (a) and multidecadal (b) timescales. Please note we only plot bars where model output allows; not all models were initialized prior to 1870 (see Table S1). Also, the number of simulations in each single-model ensemble varies (listed below model name and in Table S1) implying that these bars may not be directly comparable to each other, especially for those models with fewer simulations. Also, the “all models” value varies slightly from the text because we calculate the first principal component of North Pacific SST earlier than 1950 in those models that allow.

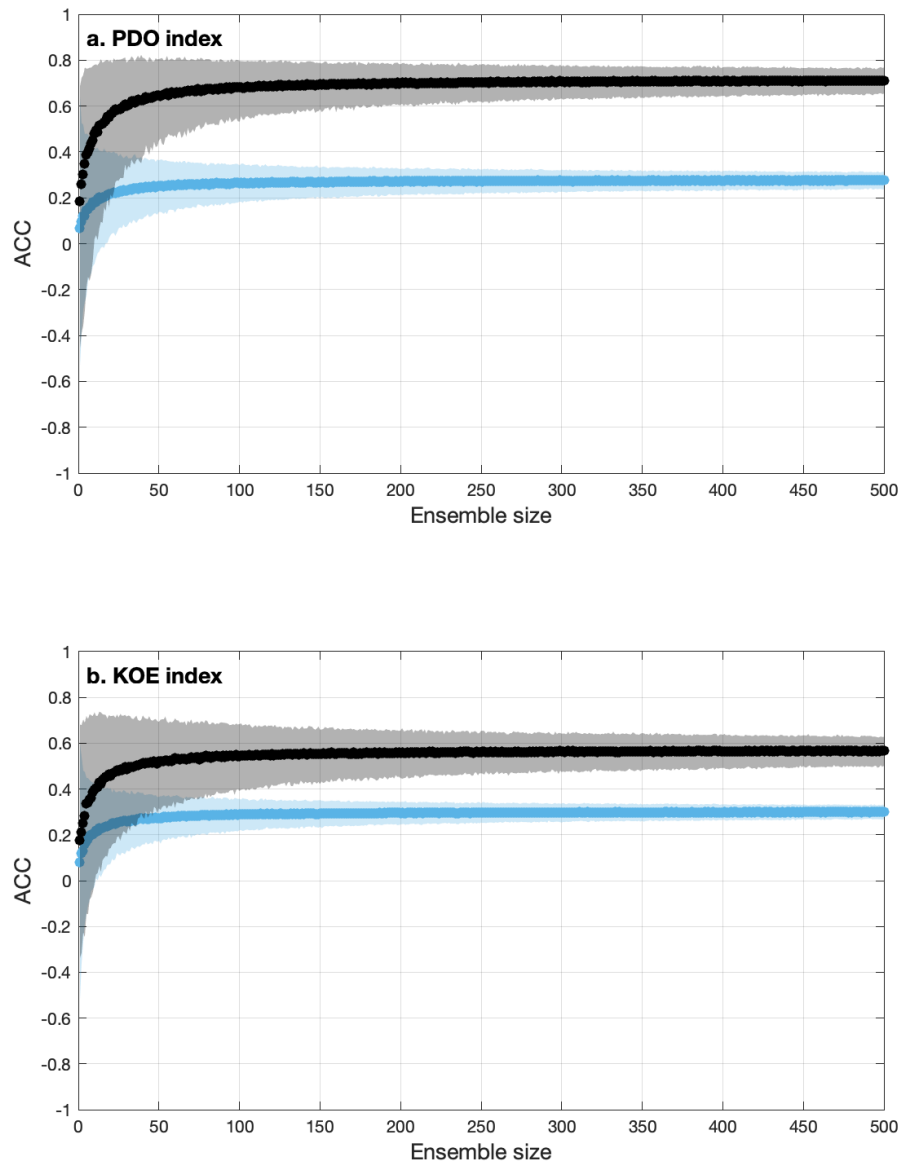


Fig. S4. The role of ensemble size in extracting the forced component of North Pacific climate variability. (a) correlation between the observed PDO and the forced component of the PDO (black) as well as the correlation between the forced component of the PDO and a single random ensemble member (blue). (b) as in (a), but for an index of SST in the Kuroshio-Oyashio extension (KOE) region outlined in Figure 1b. The saturation in skill (black line) offers guidance for the size of ensemble needed to isolate the forced component for the PDO. The comparison between the black and blue lines illustrates the signal-to-noise paradox (29).

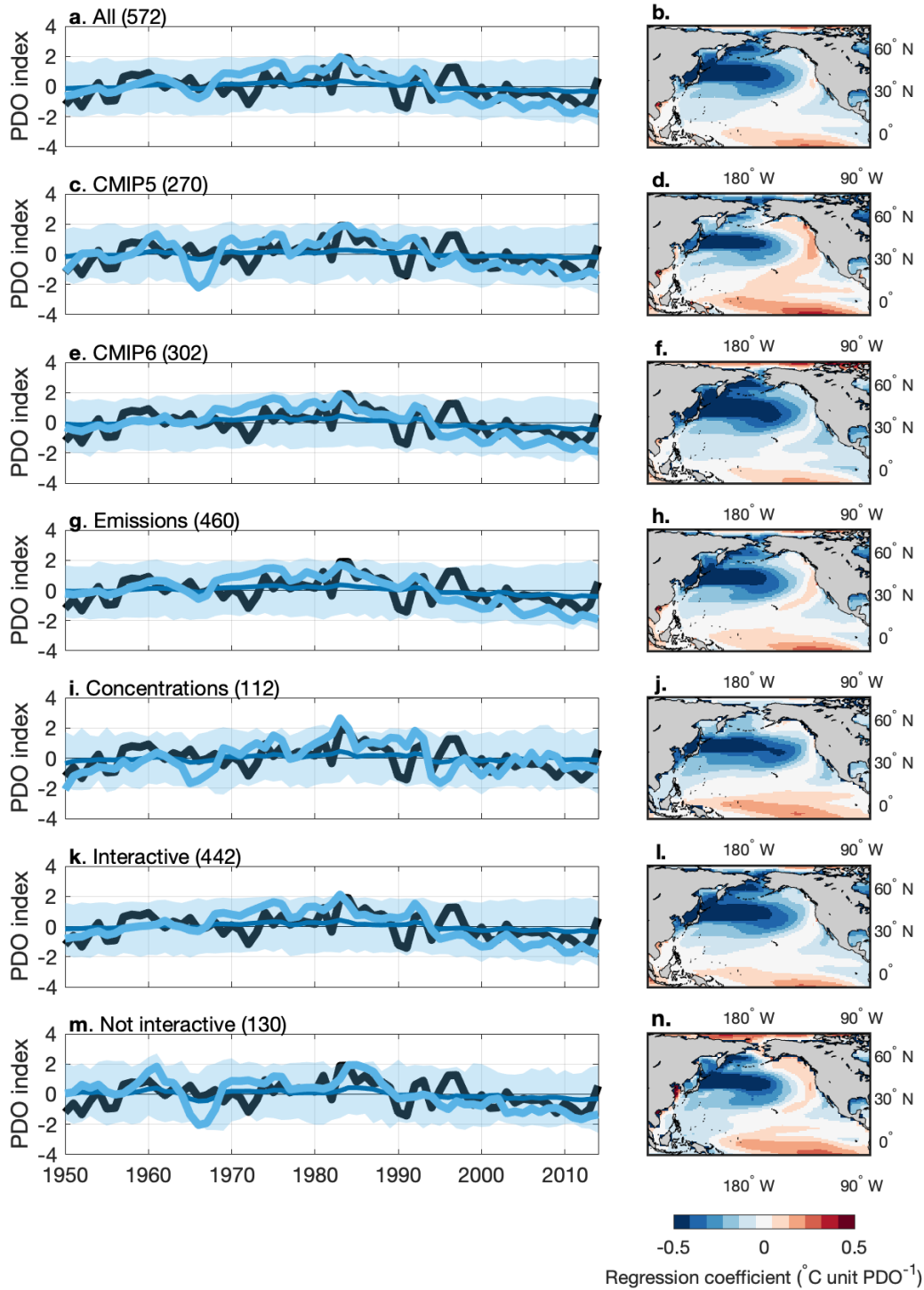


Fig. S5. Testing the sensitivity of the explanatory power of the forced PDO to different model configurations (defined in Table S1). All plots correspond to Fig 1a and 1c. The number of members in each ensemble is listed in parentheses next to the description.

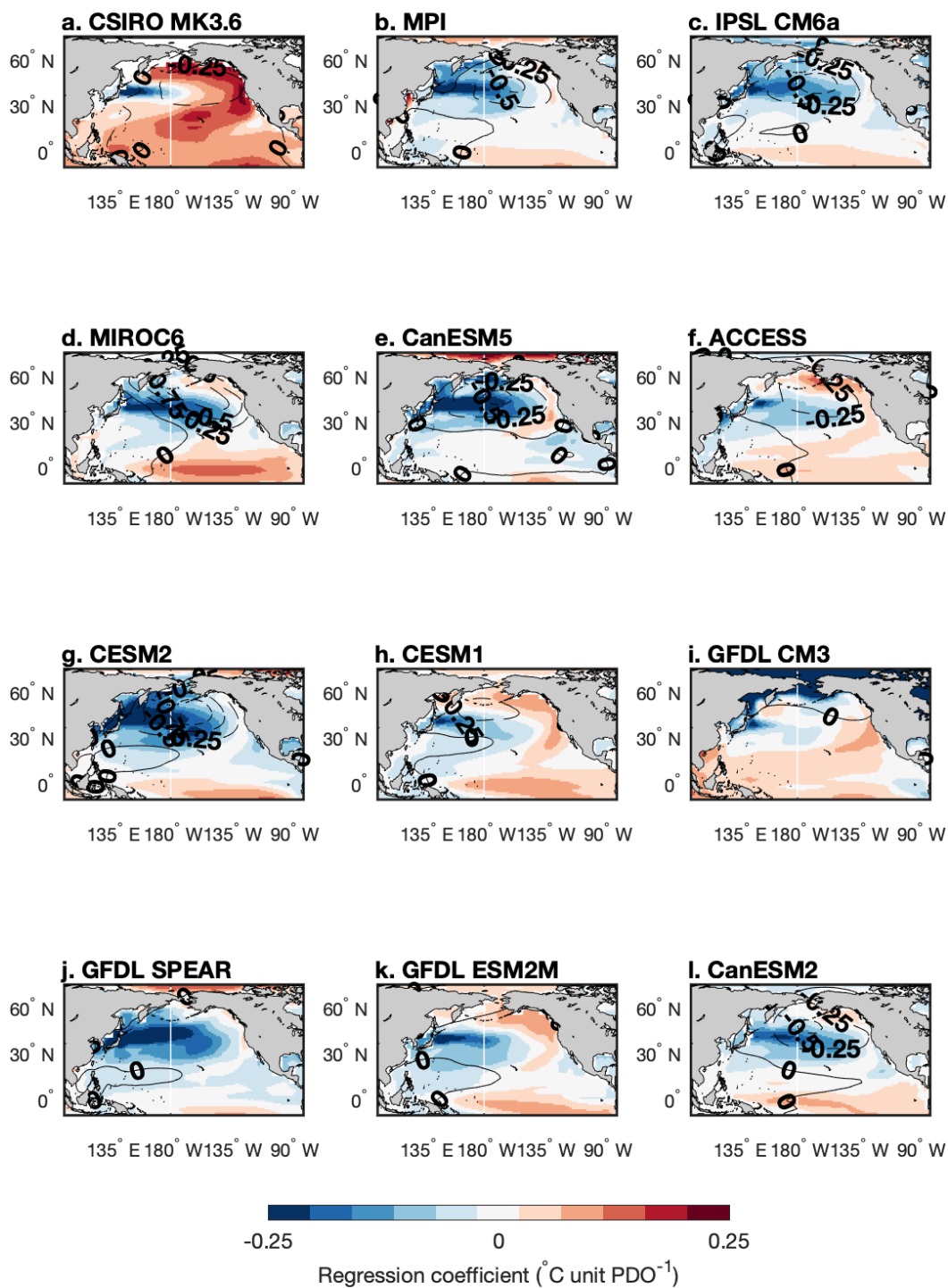


Fig. S6. The forced PDO pattern in each large single-model large ensemble. As in Fig. 1c.

CMIP5 Ensembles	Atmospheric resolution	# of members (270)	Start year	Emissions vs. concentrations	“Fully-interactive” (AR5 Table 9.1)
NCAR-CESM1	1deg	40	1920	Emissions	Yes
GFDL-CM3	2deg	20	1920	Emissions	Yes
GFDL-ESM2M	2deg	30	1950	Concentration	No
CCCma-canESM2	2.8deg	50	1950	Concentration	Yes
CSIRO-Mk3	1.9deg	30	1850	Emissions	Yes
MPI-ESM-LR	1.9deg	100	1850	Emissions	No
CMIP6 Ensembles	Atmospheric resolution	# of members (302)	Start year		Menary et al. (2020)
NCAR-CESM2	1deg	100	1850	Emissions	Yes
GFDL-SPEAR	0.5deg	30	1921	Emissions	Yes
IPSL-CM6A-LR	~2deg	32	1850	Concentration	Yes
MIROC6	~2deg	50	1850	Emissions	Yes
canESM5	~2deg	50	1850	Emissions	Yes
ACCESS-ESM1.5	~1.5deg	40	1850	Emissions	Yes

Table S1: Additional details on the climate models studied (51, 60 - 71)

Model	Aerosol-only (75)	GHG-only (82)	Natural-only (129)
canESM5	30	50	50
CNRM-CM6	10	9	10
GISS-E2_1_G	15	10	20
IPSL CM6A LR	10	10	8
MIROC6	10	3	41

Table S2 The single-forcing ensembles and their respective sizes used in this study (from DAMIP; 52).

Name	# members	r^2 (1950 – 1989) %	r^2 (1990 – 2014) %	r^2 (1950 – 2014) %	S:N PDO	S:N KOE SST	S:N GoA SST	S:N NPI
All	572	43*	35*	52*	0.19	0.27	0.21	0.09
CMIP5	270	51*	35*	59*	0.15	0.20	0.14	0.09
CMIP6	302	28*	36*	44*	0.25	0.34	0.30	0.11
Emissions	460	37*	44*	50*	0.21	0.28	0.20	0.11
Concentrations	112	57*	3	33*	0.17	0.23	0.28	0.13
Interactive	442	35*	31*	46*	0.20	0.29	0.24	0.09
Not interactive	130	31*	58*	50*	0.22	0.27	0.22	0.12

Table S3 The timing and amplitude of the forced PDO for ensembles of varying model designs (see Table S1). The signal-to-noise ratios estimated in the four right-most columns are calculated as the ratio of forced-to-total variability.

Name	Total number of members	Var. Explained (1950 – 1989) %	Var. Explained (1990 – 2014) %	Var. Explained (1950 – 2014) %
Aerosol-only	75	58	16	4
GHG-only	82	60	57	9
Natural only	129	38	0	1

Table S4 Explained variance from single-forcing ensembles described in Table S2. Please note that the correlation coefficient between the GHG-only ensemble mean and observations is negative.